

Basic I Course Schedule for Mountain Home AFB

Day 1

Classroom	Unit #		Minutes	Actual Time	Published Time
	1	Welcome to the World of Motorcycling	30	11:00-11:30 AM	11:00 AM
	2	Introduction to Motorcycling	15	11:30-11:45 AM	
		Break	10	11:45-11:55 AM	
	3	Preparing to Ride	30	11:55-12:25 PM	
	4	Wheels in Motion	60	12:25-1:25 PM	
		Break	15	1:25-1:40 PM	
	5	Mental Motorcycling	75	1:40-2:55 PM	
		Break	10	2:55-3:05 PM	
	9	Impairments to Safety	35	3:05-3:40 PM	3:45 PM
			280		

Day 2

Range	Exercise #	Exercise Title	Minutes	Actual Time	Published Time
	1	Operating Controls...	15	8:15-8:30 AM	8:00 AM
	2	Getting Underway	10	8:30-8:40 AM	
	3	Straddle Walking and Riding	20	8:40-9:00 AM	
	4	Stopping	20	9:00-9:20 AM	
		Break	15	9:20-9:35 AM	
	5	Riding the Perimeter	25	9:35-10:00 AM	
	6	Shifting and Stopping	20	10:00-10:20 AM	
	7	Upshifting and Downshifting	20	10:20-10:40 AM	
		Break	15	10:40-10:55 AM	
	8	Entering Turns	25	10:55-11:20 AM	
	9	Riding Through Curves	20	11:20-11:45 AM	
	10	Weaving	10	11:45-11:55 AM	
	11	Pressing to Initiate Lean	25	11:55-12:20 PM	
	Review	End of Day Range Review	5	12:20-12:25 PM	
	Debriefs	Range Day 1 Individual Debriefs	10	12:25-12:35 PM	n/a
			255		

Classroom	Unit #		Minutes	Actual Time	
	6	Cornering With Confidence	35	1:30-2:05 PM	1:30 PM
	7	Maximum Braking and Swerving	30	2:05-2:35 PM	
	8	Special Situations	35	2:35-3:10 PM	
		Break	10	3:10-3:20 PM	
	Wrap Up	Classroom Wrap Up	40	3:20-4:00 PM	4:00 PM

Day 3

Range	Exercise #	Exercise Title	Minutes	Actual Time	
	12	Weaving	10	8:15-8:25 AM	8:00 AM
	13	Riding Through Curves	30	8:25-8:55 AM	
	14	Stopping Quickly	30	8:55-9:25 AM	
		Break	15	9:25-9:40 AM	
	15	Straighten Then Brake	15	9:40-9:55 AM	
	16	Negotiating (Left-Hand) Curves	15	9:55-10:10 AM	
	17	Low Speed Turning & Changing Lanes	25	10:10-10:35 AM	
		Break	15	10:35-10:50 AM	
	18	Negotiating (Right-Hand) Curves	15	10:50-11:05 AM	
	19	Swerving	25	11:05-11:30 AM	
	Review	End of Day Range Review	5	11:30-11:35 AM	
		Break	15	11:35-11:50 AM	
	Eval	Skills Evaluation	45	11:50-12:35 PM	
	20	Traffic Interaction	15	12:35-12:50 PM	
	Debriefs	End of Course Individual Debriefs	15	12:50-1:05 PM	1:15 PM
			290		