

# Motorcycle Riding Tips

## Get the Facts... Don't be a Statistic!

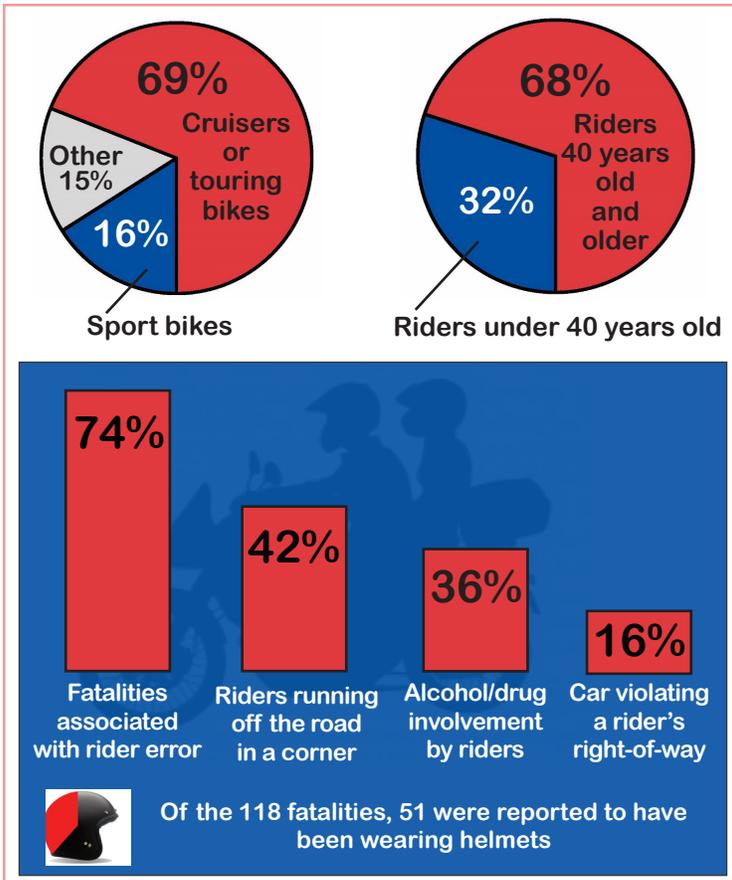
Many common beliefs about motorcycle safety are not entirely accurate, such as:

*"The biggest danger is car drivers."*



*"The kids on sport bikes are the ones who get into crashes."*

Recent research into Idaho's fatal crash data (2011–2015) tells us a different story—the REAL story. Here is what is really going on in Idaho's motorcycle fatalities:



We don't want to see anyone in these kinds of statistics, so turn this card over for some tips on how to stay out of these reports...

# 5 Tips for Safer Riding... Your Choices Matter!

## 1) Seek to learn all you can about good riding skills and keep practicing

Take refresher classes, read motorcycle magazines and books, watch instructional videos, etc. Routinely practice emergency braking, swerving, cornering, and low-speed control.

You can find a practice guide here: [idahostar.org/resources/practice-guide](http://idahostar.org/resources/practice-guide).

## 2) Dress to survive a crash

Good quality protective gear can reduce and even prevent some injuries. Be prepared by protecting your head, body, arms, hands, legs, and feet any time you ride.

## 3) Keep your eyes up and scan 20 seconds ahead

Avoid surprises and give yourself more time to respond to hazards by scanning ahead. When cornering, look as far as you can through the turn—look where you want to go, not at the curb, tree, traffic in the other lane, etc.

## 4) Ride sober and unimpaired

This one is 100% within your control. Take responsibility for your ride.

## 5) Take rider training

Idaho STAR offers rider training for all levels of riders.

A review of all 7,738 motorcycle crashes statewide from 1996–2010 revealed that:

- 84% of involved riders had not attended STAR training;
- STAR training is associated with a 79% reduced crash risk;
- STAR training is associated with an 89% reduction in the risk of a fatal crash.

Find a class at

[idahostar.org](http://idahostar.org) or call 888-280-7827.

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